Riverbend Family Clinic

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Dr. Meera Ashworth
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Consultant Physician
Reg. No. GMC-7741289

PATIENT	AGE / SEX	PATIENT ID	DATE	RX NO.
Thomas Whitlock	**46 y / M**	**RFC-2026-04471**	**04 Aug 2026**	**RX-26-11842**

WEIGHT	HEIGHT	BP	PULSE	TEMP	ALLERGIES
82 kg	**176 cm**	**138/88 mmHg**	**84 /min**	**37.1 °C**	**Penicillin**

CHIEF COMPLAINTS

Productive cough for 6 days, low-grade evening fever, wheeze on exertion. No haemoptysis, no chest pain.

DIAGNOSIS

Acute bacterial bronchitis with mild bronchospasm. Poorly controlled stage 1 hypertension.

℞ PRESCRIPTION

#	DRUG & FORM	DOSE	FREQUENCY	DURATION	INSTRUCTION
1	**Azithral 500 mg tablet** Azithromycin	1 tab	Once daily	5 days	After breakfast
2	**Ambrolyte-S syrup** Ambroxol + salbutamol	10 mL	Three times daily	7 days	After meals; shake well
3	**Paracetamol 650 mg tablet** Acetaminophen	1 tab	As needed, max 3/day	5 days	Only if fever above 38 °C
4	**Pantop 40 mg tablet** Pantoprazole	1 tab	Once daily	7 days	30 min before breakfast
5	**Amlong 5 mg tablet** Amlodipine	1 tab	Once daily at night	30 days	Continue existing therapy

INVESTIGATIONS ADVISED

- Complete blood count with differential
- Chest radiograph, postero-anterior view
- Fasting lipid profile and serum creatinine

GENERAL ADVICE

- Steam inhalation twice daily; maintain fluid intake of 2.5–3 L per day.
- Complete the full antibiotic course even if symptoms settle earlier.
- Avoid cold beverages and smoke exposure for two weeks.
- Home blood-pressure log twice daily; bring the readings to the next visit.
- Return sooner if breathlessness at rest, fever above 39 °C, or blood in sputum appears.

FOLLOW-UP
12 Aug 2026, 10:30 — Review with investigation reports

REFERRAL
Pulmonology opinion if chest radiograph shows consolidation.

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This prescription is valid for 30 days from the date of issue and is intended solely for the named patient. Do not alter dosages without consulting the prescribing clinician. Report any adverse reaction to the clinic immediately.