



Riverbend Family Clinic

Department of General Medicine
18 Alder Street, Riverbend, Hampshire RG9 4TQ
+44 1189 555 0142 · reception@riverbendclinic.example

Dr. Meera Ashworth
MBBS, MD (Internal Medicine)
Consultant Physician
Reg. No. GMC-7741289

PATIENT Thomas Whitlock		AGE / SEX 46 y / M		PATIENT ID RFC-2026-04471		DATE 04 Aug 2026		RX NO. RX-26-11842			
WEIGHT 82 kg		HEIGHT 176 cm		BP 138/88 mmHg		PULSE 84 /min		TEMP 37.1 °C		ALLERGIES Penicillin	

CHIEF COMPLAINTS

Productive cough for 6 days, low-grade evening fever, wheeze on exertion. No haemoptysis, no chest pain.

DIAGNOSIS

Acute bacterial bronchitis with mild bronchospasm. Poorly controlled stage 1 hypertension.



PRESCRIPTION

#	DRUG & FORM	DOSE	FREQUENCY	DURATION	INSTRUCTION
1	Azithral 500 mg tablet Azithromycin	1 tab	Once daily	5 days	After breakfast
2	Ambrolyte-S syrup Ambroxol + salbutamol	10 mL	Three times daily	7 days	After meals; shake well
3	Paracetamol 650 mg tablet Acetaminophen	1 tab	As needed, max 3/day	5 days	Only if fever above 38 °C
4	Pantop 40 mg tablet Pantoprazole	1 tab	Once daily	7 days	30 min before breakfast
5	Amlong 5 mg tablet Amlodipine	1 tab	Once daily at night	30 days	Continue existing therapy

INVESTIGATIONS ADVISED

- Complete blood count with differential
- Chest radiograph, postero-anterior view
- Fasting lipid profile and serum creatinine

GENERAL ADVICE

- Steam inhalation twice daily; maintain fluid intake of 2.5–3 L per day.
- Complete the full antibiotic course even if symptoms settle earlier.
- Avoid cold beverages and smoke exposure for two weeks.
- Home blood-pressure log twice daily; bring the readings to the next visit.
- Return sooner if breathlessness at rest, fever above 39 °C, or blood in sputum appears.

FOLLOW-UP

12 Aug 2026, 10:30 — Review with investigation reports

REFERRAL

Pulmonology opinion if chest radiograph shows consolidation.

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This prescription is valid for 30 days from the date of issue and is intended solely for the named patient. Do not alter dosages without consulting the prescribing clinician. Report any adverse reaction to the clinic immediately.